## Against Gender-Based Violence and Abuse in all its forms

16 Days of Activism against Gender-Based Violence

(25 November – 10 December) is an annual United Nations' campaign. Mothers' Union is joining with thousands of other organisations to encourage more people to stand up and stop all forms of violence.

Our campaign is focused on the fact 1 in 3 women are victims of violence or abuse. To raise awareness of this disturbing reality, we are encouraging people to hold a one-minute silence at 1.03pm on Saturday 27 November (MU's Global Day of Action).

#NoMorelin3





## Mothers' Union: get involved

From addressing immediate need to effecting long-term change, MU is making a difference in communities around the world: raising awareness, bringing hope and offering practical support.

Join us today and help us make an impact at both local and international levels. Be involved as much or as little as you want – we can all make a difference!

Find out more about what we do and how you can be involved today:

www.mothersunion.org/get-involved/join-us-today

