



16 Days of Activism

<p>DAY 1 Pray for survivors and victims of domestic abuse.</p>	<p>DAY 2 Visit the Restored website.</p>	<p>DAY 3 Visit the Women's Aid website.</p>	<p>DAY 4 Read Refuge's - Spotting the Signs webpage.</p>
<p>DAY 5 Put together a moving in /on pack for your local refuge.</p>	<p>DAY 6 Pray for the RISE UP! campaign.</p>	<p>DAY 7 Print a RISE UP! poster & put it in the toilets of your church.</p>	<p>DAY 8 Plan a reflection for your church like the Souls of our Shoes & Red Chair.</p>
<p>DAY 9 Talk to friends about gender-based violence.</p>	<p>DAY 10 Research your local refuge & share this with you branch.</p>	<p>DAY 11 Download the Bright Sky App.</p>	<p>DAY 12 Knit purple hearts.</p>
<p>DAY 13 Commit to Thursdays in Black.</p>	<p>DAY 14 Attend a prayer vigil.</p>	<p>DAY 15 Buy or make a white ribbon for yourself and all your allies.</p>	<p>DAY 16 Read Michael Kauffman poem.</p>