# Midday Prayers 2021: Rebuilding hope and confidence

# July

# Praying with purpose

**Monday**: **Praying with purpose**

*We take a moment in the quiet to focus on our various prayer needs*

*and make ready to bring them to God.*

Jesus said:

Ask and keep on asking and it will be given to you; seek and keep on seeking

and you will find; knock and keep on knocking and the door will be opened to you.

*Matthew 7:7-8 (AMP)*

**With faith and trust we ask:**

We keep on asking for the needs we have

or for those who are too weak to pray.

**With prayerful purpose we seek:**

We keep on seeking the answers we long for

to find the way ahead.

**With hope and confidence we knock:**

We keep on knocking on heaven’s door

to open the resources we need.

**With faith and trust we bring our prayers**

**trusting in God’s readiness to hear**

**and his power to answer.**

**Amen**

**Tuesday: Praying with thanksgiving**

*We take a moment in the quiet to remember our reasons for gratitude*

*and make ready to pray with thanks to God.*

Do not be anxious about anything,

but in every situation, by prayer

and petition, with thanksgiving,

present your requests to God.

*Philippians 4:6*

With faith and hope

we bring our prayers to God;

we enter his presence with joy.

**Praise be to God,  
who never discounts my prayer  
or withholds his steadfast love from me!**

May we cherish these times:

Precious moments with God

to pour out our hearts

and listen for his reply.

**Praise be to God,  
who always listens to our prayers  
and lavishes his steadfast love on us!**

With joy and praise

we bring our prayers to God;

we enter his presence with faith.

**Praise be to God for the privilege**

**of drawing near to him in prayer.**

**Amen**

**Wednesday: Praying in steps**

*We take a moment in the quiet to focus on our prayer requests*

*and make ready to take our first step in prayer.*

Jesus said:

If you have faith as small as a mustard seed,

you can say to this mountain,

“Move from here to there,” and it will move.

Nothing will be impossible for you.

*Matthew 17:20*

**God of miracles**

**bless our tiny steps in prayer**

**that mountains may be moved.**

Almighty and loving God,

take our faith, weak though it is.

Kindle the sparks of life within us

and fan a new flame within our hearts.

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We set out on our journey in prayer,

with each step strengthening our faith

to continue to ask for the answers we seek

from our powerful, generous God.

**God of miracles**

**take our tiny steps of prayer**

**and use them to bless your world.**

**Amen**

**Thursday: Praying creatively**

*We take a moment in the quiet to thank God for his inspiration*

*and make ready to engage creatively in prayer.*

May my prayer be set before you like incense;  
may the lifting up of my hands be like the evening sacrifice.

*Psalm 141:1-2*

**May our prayers to God be as incense**

**as our intercessions rise heavenward.**

**May the lifting of our hands**

**be an offering of praise**

**as we linger in your presence.**

Lord, you keep the lamp of my life burning brightly.

*Psalm 18:28*

**By the lighting of a candle  
I am reminded  
to be your lamp in this dark world.**

I am reminded  
to share your warmth with others.  
I am reminded  
of lights that have gone before.  
I am reminded  
of lights that even now grow dim.  
I am reminded  
to bring my prayerful offering.

**I am reminded  
to go from this place in joy.**

**Amen**

*© John Birch*

**Friday: Praying with others**

*We take a moment in the quiet to give thanks for our unity*

*and make ready to pray together to God.*

If two of you on earth agree about anything they ask for,

it will be done for them by my Father in heaven.

Where two or three come together in my name,

I am there with them.

*Matthew 18:19-20*

Loving Lord,

we thank you for the joy

of coming together into your presence;

to petition and plead

in unity and faith.

**In unity and faith,**

**as the family of God,**

**we offer you our prayers.**

We thank you for the joy

of finding our numbers are swelled

by the company of the Holy Spirit,

who shows us how to pray

and adds his prayers to ours.

**Through the prompting of the Spirit,**

**as the family of God,**

**we offer you our prayers.**

**Amen**

**Saturday: Praying as Jesus taught**

*We take a moment in the quiet to give thanks for Christ’s example*

*and make ready to pray as he showed us.*

One day Jesus was praying in a certain place.

When he finished, one of his disciples said to him,

“Lord, teach us to pray.”

*Luke 11:1*

**Lord God,**

**like the disciples we ask,**

**teach us how to pray.**

Teach us the secret of prayer –

when to speak and when to keep silent,

when to accept and when to go on seeking,

when to persevere and when to let go,

**teach us how to pray.**

Teach us the power of prayer –

its ability to challenge,

to encourage, to transform all life,

**teach us how to pray.**

Teach us the joy of prayer -

to express our worship,

discover your will,

and hear your voice.

**In the name of Christ.**

**Amen**

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# Wave of Prayer for Mothers’ Union

Lord, we pray for Mothers’ Union worldwide.

**1** Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-

West in Nigeria; Leicester in England and Temotu in Solomon Islands**Cross references:**

**2 – 4** Renk in South Sudan; Cyangugu in Rwanda; Arochukwu/Ohafia & Ile-

Oluji in Nigeria; St Andrews, Dunkeld & Dunblane in Scotland and Sittwe

in Myanmar

**5 Mothers’ Union worldwide**

**6 – 8**  Wad Medani in Sudan; Kondoa in Tanzania; Ikwo & Remo in Nigeria;

Montreal in Canada and the Windward Islands in St Lucia, Grenada,

St Vincent & The Grenadines

**9 – 11** El Obeid in Sudan; Butere in Kenya; Nnewi in Nigeria; London in England

and the Province of the USA

**12 Mothers’ Union worldwide**

**13 – 15** Toliara in Madagascar; Mbale in Uganda; Zaria & Ndokwa in

Nigeria, Rochester in England and Chhattisgarh in India

**16 – 18** Lake Malawi in Malawi; Byumba in Rwanda; Jalingo in Nigeria;

St Edmundsbury & Ipswich in England and Lucknow in India

**19 Mothers’ Union worldwide**

**20 – 22** Gitega in Burundi; Murag’a South and Mbeere in Kenya; Enugu North in

Nigeria; Polynesia in Tonga and Jaffna in Diocese of Church of South

India

**23– 25** George in South Africa; Bungoma in Kenya; Western Tanganyika in

Tanzania; Ideato in Nigeria; Sodor & Man in Isle of Man and Toronto

in Canada

**26 Mothers’ Union worldwide**

**27 - 29** Northern Zambia in Zambia; Mpwapwa in Tanzania; Gusau & Osun in

Nigeria; Sydney in Australia and Rayalaseema in India

**Cross references:**

**30 – 31** Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in

Nigeria; Carlisle in England and Melbourne in Australia

## Final Blessing

**All glory be to Christ,**

**who is seated at the right hand of the Father,**

**and ever lives to intercede for us.**

**Amen**