Wave of Prayer for Mothers’ Union
Lord, we pray for Mothers’ Union worldwide.

1 Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-West in Nigeria; Leicester in England and Temotu in Solomon Islands

2 – 4 Renk in South Sudan; Cyangugu in Rwanda; Arochukwu/Ohafia & Ile-Oluji in Nigeria; St Andrews, Dunkeld & Dunblane in Scotland and Sittwe in Myanmar

5 Mothers’ Union worldwide

6 – 8 Wad Medani in Sudan; Kondoa in Tanzania; Ikwo & Remo in Nigeria; Montreal in Canada and the Windward Islands in St Lucia, Grenada, St Vincent & The Grenadines

9 – 11 El Obeid in Sudan; Butere in Kenya; Nnewi in Nigeria; London in England and the Province of the USA

12 Mothers’ Union worldwide

13 – 15 Toliara in Madagascar; Mbale in Uganda; Zaria & Ndokwa in Nigeria, Rochester in England and Chhattisgarh in India

16 – 18 Lake Malawi in Malawi; Byumba in Rwanda; Jalingo in Nigeria; St Edmundsbury & Ipswich in England and Lucknow in India

19 Mothers’ Union worldwide

20 – 22 Gitega in Burundi; Murag’a South and Mbeere in Kenya; Enugu North in Nigeria; Tonga in Diocese of Polynesia and Jaffna in Diocese of Church of South India

23 – 25 George in South Africa; Bungoma in Kenya; Western Tanganyika in Tanzania; Ideato in Nigeria; Sodor & Man in Isle of Man and Toronto in Canada

26 Mothers’ Union worldwide

27 - 29 Northern Zambia in Zambia; Mpwapwa in Tanzania; Gusau & Osun in Nigeria; Sydney in Australia and Rayalaseema in India

30 – 31 Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in Nigeria; Carlisle in England and Melbourne in Australia

Final Blessing

May the blessing of God strengthen and encourage us as we go from here to live lives of gratitude and service. Amen

Midday Prayers 2023:
Transformation – Now!
July - Gratitude

Monday: Gratitude to God

Be thankful people.
Sing to God with gratitude in your hearts. 
Colossians 3:15, 16 (CEB)

Give thanks to the Lord, for he is good. 
His love endures forever.
Give thanks to the God of gods. 
His love endures forever.
Give thanks to the Lord of lords: 
His love endures forever.

Give thanks to God who alone does great wonders, His love endures forever.

Let the redeemed of the Lord share our story – we who unite in prayer across the world, from east and west, from north and south.

Let us give thanks to the Lord for his unfailing love and his wonderful deeds through all the earth.

Give thanks to the Lord, for he is good. 
His love endures forever. Amen

From Psalms 107; 136

Tuesday: Gratitude for the past

Jesus Christ is the same yesterday and today and forever. Hebrews 13:8

God of history and eternity, as we celebrate your faithfulness deepen our gratitude for the past and envision us for the future.

Loving Lord, we look back down the years and see the imprint of your faithfulness on all that has come to pass.

We thank you for those who led the way in worship and service to your world. For those who faithfully served you in quiet and unseen ways.

Loving Lord, we look back down the years and remember your faithfulness to us with thankfulness and praise.

As we look back with gratitude so we look forward with faith. We place our trust in our loving God whose faithfulness spans all ages. Amen
**Wednesday: A heart of gratitude**

I will give you a new heart, and I will put a new spirit in you.  
_Ezekiel 36:26 (NLT)_

**Lord, give me this day a heart of gratitude:**

Give me a heart of gratitude  
which is so filled with thanksgiving  
that worry and concern have no room.

Give me a heart of gratitude  
which remembers you as the present Giver  
who is my refuge and my portion.

Give me a heart of gratitude  
which cries out thanksgiving and praise  
even in the midst of anguish, pain, and frustration.

Give me a heart of gratitude  
which is capable of love, hope, and peace  
despite the tensions, hurts, and foolishness of this world.

_Give me a heart of gratitude which is ever and always yours. Amen_  
James Spencer (adapted)

**Thursday: Gratitude for Christ**

Just as you received Christ Jesus as Lord,  
continue to live your lives in him,  
rooted and built up in him, strengthened in the faith as you were taught,  
and overflowing with thankfulness.  
_Colossians 2:6-7_

_We give thanks for the sacrificial love of Christ with deeply grateful hearts._

Dear Heavenly Father,  
thank you for the joy, peace, help and blessings  
that you give to us each day.

Thank you for this wondrous world  
filled with all the wonderful gifts  
you have given to us.

Thank you for our families, friends  
and the fellowship of your Church.

_And we thank you for the most wondrous gift of all – the forgiveness of our sins, bought for us by the love of your most blessed Son, our Saviour Jesus Christ._  
_Amen_

_Kilskeery & Trillick Mothers’ Union,  
Province of All-Ireland_

**Friday: Gratitude for each other**

I never stop thanking God for you.  
I always remember you in my prayers.  
_Ephesians 1:16 (GW)_

**Heavenly Father,**  
_we celebrate and give thanks for the people who are part of our lives._

Help us to appreciate  
each other’s unique qualities.  
Help us to treasure  
each other’s special gifts.

May we be slow to judge  
and quick to forgive;  
ready to treat others  
as we wish for ourselves.

_Let us seek each other’s good  
by encouragement and support  
that our relationships may flourish and reflect your perfect love._

_Heavenly Father,_  
_we celebrate and give thanks for the people who are part of our lives._  
_Fill us with your love for one another that our relationships may flourish and grow._  
_Amen_

**Saturday: Gratitude for life**

Jesus said:  
_I have come that they may have life,  
and have it to the full._  
_John 10:10_

_How lavish is our God!  
We celebrate the gift of life with grateful hearts._

What wonders we find in the gift of life.  
Our joy in the beauty of nature;  
our delight in loving relationships;  
our pleasure in a job well done  
or a new skill mastered.

Each facet of life adds richness to our days.  
A foretaste of the glory that awaits  
when we step into the realm of eternity  
and our cup overflows.

_Generous God,_  
_we thank you for the imprint of heaven  
which enhances our gift of the here and now._  

_How lavish is our God!  
We celebrate the gift of life with grateful hearts._  
_Amen_