# Midday Prayers 2023: Transformation – Now!

# July

# Gratitude

## Monday: Gratitude to God

Be thankful people.

Sing to God with gratitude in your hearts.

*Colossians 3:15, 16 (CEB)*

Give thanks to the Lord, for he is good.  
**His love endures forever.**

Give thanks to the God of gods.  
**His love endures forever.**

Give thanks to the Lord of lords:  
**His love endures forever.**

Give thanks to God who alone does great wonders,  
**His love endures forever.**

Let the redeemed of the Lord share our story –  
we who unite in prayer across the world,  
from east and west, from north and south.

Let us give thanks to the Lord for his unfailing love  
and his wonderful deeds through all the earth.

Give thanks to the Lord, for he is good.  
**His love endures forever. Amen***From Psalms 107; 136*

**Tuesday: Gratitude for the past**

Jesus Christ is the same yesterday

and today and forever.

*Hebrews 13:8*

**God of history and eternity,**

**as we celebrate your faithfulness**

**deepen our gratitude for the past**

**and envision us for the future.**

## Loving Lord,

we look back down the years

and see the imprint of your faithfulness

on all that has come to pass.

We thank you for those who led the way

in worship and service to your world.

For those who faithfully served you

in quiet and unseen ways.

Loving Lord,

we look back down the years

and remember your faithfulness to us

with thankfulness and praise.

**As we look back with gratitude**

**so we look forward with faith.**

**We place our trust in our loving God**

**whose faithfulness spans all ages**

**Amen**

## Wednesday: A heart of gratitude

I will give you a new heart, and I will put a new spirit in you.

*Ezekiel 36:26 (NLT)*

**Lord, give me this day a heart of gratitude:**

Give me a heart of gratitude which is so filled with thanksgiving

that worry and concern have no room.

Give me a heart of gratitude which remembers you as the present Giver

who is my refuge and my portion.

Give me a heart of gratitude which cries out thanksgiving and praise

even in the midst of anguish, pain, and frustration.

Give me a heart of gratitude which is capable of love, hope, and peace

despite the tensions, hurts, and foolishness of this world.

**Give me a heart of gratitude which is ever and always yours.**

**Amen**

*James Spencer (adapted)*

## Thursday: Gratitude for Christ

Just as you received Christ Jesus as Lord, continue to live your lives in him, 

rooted and built up in him, strengthened in the faith as you were taught,

and overflowing with thankfulness.

*Colossians 2:6-7*

**We give thanks for the sacrificial love of Christ**

**with deeply grateful hearts.**

Dear Heavenly Father,

thank you for the joy, peace, help and blessings

that you give to us each day.

Thank you for this wondrous world

filled with all the wonderful gifts

you have given to us.

Thank you for our families, friends

and the fellowship of your Church.

**And we thank you for the most wondrous gift of all –**

**the forgiveness of our sins, bought for us by the love**

**of your most blessed Son, our Saviour Jesus Christ.**

**Amen**

*Kilskeery & Trillick Mothers’ Union, Province of All-Ireland*

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## Friday: Gratitude for each other

I never stop thanking God for you.

I always remember you in my prayers.

*Ephesians 1:16 (GW)*

**Heavenly Father,**

**we celebrate and give thanks**

**for the people who are part of our lives.**

Help us to appreciate

each other’s unique qualities.

Help us to treasure

each other’s special gifts.

May we be slow to judge

and quick to forgive;

ready to treat others

as we wish for ourselves.

Let us seek each other’s good

by encouragement and support

that our relationships may flourish

and reflect your perfect love .

**Heavenly Father,**

**we celebrate and give thanks**

**for the people who are part of our lives.**

**Fill us with your love for one another**

**that our relationships may flourish and grow.**

**Amen**

## Saturday: Gratitude for life

Jesus said:

I have come that they may have life,

and have it to the full.

*John 10:10*

**How lavish is our God!**

**We celebrate the gift of life**

**with grateful hearts.**

What wonders we find in the gift of life.

Our joy in the beauty of nature;

our delight in loving relationships;

our pleasure in a job well done

or a new skill mastered.

Each facet of life adds richness to our days.

A foretaste of the glory that awaits

when we step into the realm of eternity

and our cup overflows.

Generous God,

we thank you for the imprint of heaven

which enhances our gift of the here and now.

**How lavish is our God!**

**We celebrate the gift of life**

**with grateful hearts.**

**Amen**

# Wave of Prayer for Mothers’ Union

Lord, we pray for Mothers’ Union worldwide.

**1** Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-

West in Nigeria; Leicester in England and Temotu in Solomon Islands**Cross references:**

**2 – 4** Renk in South Sudan; Cyangugu in Rwanda; Arochukwu/Ohafia & Ile-

Oluji in Nigeria; St Andrews, Dunkeld & Dunblane in Scotland and Sittwe

in Myanmar

**5 Mothers’ Union worldwide**

**6 – 8**  Wad Medani in Sudan; Kondoa in Tanzania; Ikwo & Remo in Nigeria;

Montreal in Canada and the Windward Islands in St Lucia, Grenada,

St Vincent & The Grenadines

**9 – 11** El Obeid in Sudan; Butere in Kenya; Nnewi in Nigeria; London in England

and the Province of the USA

**12 Mothers’ Union worldwide**

**13 – 15** Toliara in Madagascar; Mbale in Uganda; Zaria & Ndokwa in

Nigeria, Rochester in England and Chhattisgarh in India

**16 – 18** Lake Malawi in Malawi; Byumba in Rwanda; Jalingo in Nigeria;

St Edmundsbury & Ipswich in England and Lucknow in India

**19 Mothers’ Union worldwide**

**20 – 22** Gitega in Burundi; Murag’a South and Mbeere in Kenya; Enugu North in

Nigeria; Tonga in Diocese of Polynesia and Jaffna in Diocese of Church of

South India

**23– 25** George in South Africa; Bungoma in Kenya; Western Tanganyika in

Tanzania; Ideato in Nigeria; Sodor & Man in Isle of Man and Toronto

in Canada

**26 Mothers’ Union worldwide**

**27 - 29** Northern Zambia in Zambia; Mpwapwa in Tanzania; Gusau & Osun in

Nigeria; Sydney in Australia and Rayalaseema in India

**Cross references:**

**30 – 31** Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in

Nigeria; Carlisle in England and Melbourne in Australia

## Final Blessing

**May the blessing of God strengthen and encourage us**

**as we go from here to live lives of gratitude and service.**

**Amen**