# Midday Prayers 2021: Rebuilding hope and confidence

# June

# Blessings

**Monday**: **Blessings**

The same Lord is Lord of all

and richly blesses all who call on him.

*Romans 10:12*

**The Lord bless us  
and keep us**

## We pray God’s blessing for ourselves;

## may we be sustained in all we do.

## We pray God’s blessing on those whom we love;

## may they be upheld by the presence of Christ.

**The Lord make his face to shine upon us  
and be gracious to us**

## We pray God’s light to shine clarity

## on our plans for loving kindness.

## We pray God’s grace to encircle

## all who serve and those they support.

**The Lord turn his face towards us  
and give us peace**

## We pray God’s divine favour and peace

## that surpasses all understanding

## to fill our lives today.

## Amen

**Tuesday: Blessings and challenges**

Great gifts mean great responsibilities;

greater gifts, greater responsibilities!

*Luke 12:48 (The Message)*

**God of all goodness,**

**we give you praise and thanks**

**for all the blessings of this life.**

We are grateful for the gift of food,

and the opportunity we have to feed others in your name;

the blessing of shelter,

and the challenge before us to care for the homeless;

the love of friends and family,

and your call to love those who are lost and alone;

the fellowship of the church,

and the presence of Christ in the lives of our needy sisters and brothers.

**You have given us much, Lord, and you expect much of us.**

**Help us to accept both your blessings and your challenges**

**with gratitude and grace.**

**Amen**

*From re-worship.blogspot.com*

**Wednesday: Blessings for the day**

God is able to make every blessing of yours overflow for you,

so that in every situation you will always have all you need

for any good work.

*2 Corinthians 9:8 (ISB)*

**God bless each step  
that we take today,  
whether that road  
is rough or smooth.**

And in God’s strength  
step out in faith,  
step out in love,  
step out in peace,  
and bless this world  
with God’s presence  
in and through our lives

**May we be a blessing  
to every life we touch,**

and the Spirit within,  
that life-giving water,  
be a gift of refreshment  
in love shown and shared  
with all who are thirsty  
along the road we travel.

**Amen**

*© John Birch*

A person of blessing will be enriched,

and he who gives water also will be refreshed.

*Proverbs 11:25 (LEB)*

**Thursday: Blessing of hands**

The Lord will open the heavens, the storehouse of his bounty…

to bless all the work of your hands.

*Deuteronomy 28:12*

**Blessed are you, Lord. You hold us in your hands.**

**Bless our hands, that we might hold others**

**as dearly as you hold them.**

Blessed be the hands that touch young lives and guide the young.

Blessed be the hands that embrace others with compassion.

Blessed be the hands that administer healing.

Blessed be the hands that carry out chores.

Blessed be the hands that grow stiff with age.

Blessed be the hands that capture memories in creative ways.

Blessed be the hands that greet strangers.

Blessed be the hands that learn the way of justice.

**Bless our hands, Lord,**

**for they are the work of your hands.**

**Amen**

*From the Lutheran Deaconess Association*

**Friday: Blessing of peace**

The Lord gives strength to his people;  
the Lord blesses his people with peace.

*Psalm 29:11*

**Deep peace of the running wave to you**

**Deep peace of the flowing air to you**

Deep peace of the quiet earth to you

Deep peace of the shining stars to you

Deep peace of the gentle night to you

**Deep peace of Christ the light of the world to you**

**Deep peace of the Son of peace to you.**

**Amen**

*Gaelic blessing*

Now may the Lord of peace himself grant us his peace at all times

and in every way, that peace and spiritual well-being that comes to those

who walk with him, regardless of life’s circumstances.

**And may the Lord be with us all.**

**Amen**

*From 2 Thessalonians 3:16*

**Saturday: Spiritual blessings**

Praise be to the God and Father of our Lord Jesus Christ,

who has blessed us in the heavenly realms

with every spiritual blessing in Christ.

*Ephesians 1:3*

**Eternal God, the refuge and help**

**of all your children,  
we praise you for all you have given us,  
for all you have done for us,  
for all that you are to us.**

In our weakness, you are strength,  
in our darkness, you are light,  
in our sorrow, you are comfort and peace.  
We cannot number your blessings,  
we cannot declare your love:  
For all your blessings we bless you.

**May we live as in your presence,  
and love the things that you love,  
and serve you in our daily lives;  
through Jesus Christ our Lord.**

**Amen**

*St. Boniface, 675-754*

# Wave of Prayer for Mothers’ Union

Lord, we pray for Mothers’ Union worldwide.

**1 - 3** Johannesburg in South Africa; Kumi in Uganda; Nsukka & Idoani

in Nigeria; Derby in England and Madhya Kerala in India

**4 – 6** Ibba in South Sudan; Maseno North in Kenya; Isiala-Ngwa & Ondo

in Nigeria; Fredericton in Canada and Amritsar in India

**7 Mothers’ Union worldwide**

**8 – 10**  Yambio in South Sudan; Garissa in Kenya; Mbamili in Nigeria; Hereford

in England; Willochra in Australia and Thailand

**11 – 13** Mahajanga in Madagascar; Mara in Tanzania; West Buganda in Uganda;

Kwoi in Nigeria; Newcastle in Australia and East Kerala in India

**14 Mothers’ Union worldwide**

**15 – 17** Bukavu in DR Congo; Nyahururu in Kenya; Gboko in Nigeria; Portsmouth

in England and New Guinea Islands in Papua New Guinea

**18 – 20** Rejaf in South Sudan; Military Episcopate in Kenya; Doko & Owo

in Nigeria; Chelmsford in England and Jamaica & Cayman Islands

**21 Mothers’ Union worldwide**

**22 – 24** Rumonge in Burundi; Tabora in Tanzania; Kabba & Bukuru in Nigeria;

St Albans in England and Nagpur in India

**25– 27** Table Bay in South Africa; Rift Valley in Tanzania; Evo & Ijebu in Nigeria;

Adelaide in Australia and Taejon in South Korea

**28 Mothers’ Union worldwide**

**29 - 30** Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-West

in Nigeria; Leicester in England and Temotu in Solomon Islands

## Final Blessing

**May the amazing grace of the Master, Jesus Christ,**

**the extravagant love of God,**

**the intimate friendship of the Holy Spirit,**

**be with us all. Amen**