



Dear friends,

Mothering Sunday is a day when we can show love, gratitude and our appreciation for all the wonderful mothers and caregivers, both past and present, at home and around the world. This year, our theme is **Gifts of Togetherness**, at a time when the chance to come together has been more precious than ever before.

At Mothers' Union, our vision is a world where everyone prospers, and for 145 years, our members have been helping make this happen by empowering women. Strong communities are ones where women and girls have the confidence and skills to help their families and neighbourhoods flourish. They are communities that value and thrive on strong relationships and where mothers are supported to raise their children through the strength of people coming together.

Your Mothering Sunday gift this year can make a powerful change in a woman's or a child's life, like Saba who married at 16 years old, and wants her son and other girls in Ethiopia to have better choices available to them. Here in the UK too, your gift can play a vital part in a woman's or a girl's life chances, through our AFIA (Away From It All) breaks which helped give Wendy the strength and support she needs to raise her grandchild Rosa.

You can purchase your gift to celebrate someone special, or you can dedicate a gift in memory of your mother or someone who has been like a mother to you. You can also add the name of your loved one in our remembrance book. Just tick the box on the order form and leave her name. In return, we will send you a Mothering Sunday greetings card that you can keep or send, to let someone know you are thinking of them.

With heartfelt thanks and may God bless you this Mothering Sunday.

Sheran Harper

Sheran Harper

Worldwide President, Mothers' Union

I know many of you and your loved ones are going through a difficult time right now, so please only buy a gift if you are able. May God's promise of a hope-filled future comfort and bless you this Mothering Sunday.

Gifts of empowerment

Empowerment classes for young girls

Saba is 18 and lives in Gambella Town, 289 miles from Ethiopia's capital. Saba was an orphan when she was growing up and decided to marry for financial security when she was just 16. Pregnancy meant she had to drop out of school. Now Saba has joined her Mothers' Union early marriage support group, where she finds the guidance she needs, and the ambition to get back into education and work when her son is older.

This Mothering Sunday, you can give a girl like Saba the gift of empowerment.



£15 could enable a woman to attend a savings group workshop to grow her family income.

Savings and business skills

Monica is married with three children and owns a food stall in rural Tanzania. The nearest hospital is small and often poorly staffed and equipped, making medical care a challenge. But through her Mothers' Union community savings group, Monica has been able to make savings, build her business through small loans and grow her family income, giving them greater access to better healthcare and education.

You can give a mother like Monica the gift of independence.

"The community has helped me greatly as a mother and as an entrepreneur."



Give the gift of togetherness this Mothering Sunday

Gifts for families to flourish

"Isn't it lovely to just stop struggling and help each other, we don't often have that chance. We so appreciate being here."

– Wendy, AFIA participant



A parenting class

Karen is a Family Support Worker who facilitates one of our school-based parenting groups. *"It empowers parents, and helps them believe in themselves"*, she explains. By bringing parents together, the groups have a chance to talk and share experiences, giving everyone an important space in which they are listened to. Friendships are formed and parents who have felt isolated no longer feel alone.

This Mothering Sunday, you can give parents in the UK the gift of support, companionship and friendships to help their families flourish.



Your gift of:

£32 could pay for a group session for one parent so they can find the support and company they need.

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Mothers' UNION
Christian care for families



AFIA Experience day

Rosa, aged 10, lost her mother after a long battle with alcoholism, and now lives with her grandmother Wendy. For them, Mothering Sunday is a time of difficult memories as well as a time of love. Wendy is 69 and wants Rosa to have a bright future even after her grandparents can no longer care for her. Through our AFIA (Away From It All) breaks, the two have formed new friendships and found new strengths.

Your gift this Mothering Sunday can help a child and their guardian find a path of strength and solace through life's difficulties and traumas.

"At AFIA, we made bonds quickly. Isn't it lovely to just stop from struggling and help each other." – Wendy

£102 could provide an AFIA Experience day for a family to help them get away from the stresses of daily life.



Your gift of:

£40 could enable a woman to attend a series of parenting classes in Uganda, so her children can have a brighter future

Passionate about parenting

Jackeline is 27 and grew up as an orphan from the age of nine. All around her alcohol was rife in the community, and she herself learnt to brew alcohol when she was just a young and vulnerable girl so that she could pay for her own school fees. Today, in her local parenting workshop, she learns about the spiritual, cognitive, physical and socio-emotional needs of her own children and her role in providing for them and supporting them.

This Mothering Sunday, you can give parents in Uganda the gift of safety and a brighter future for their children.

"My dream for my children is to have a brighter future. They should be educated, fed well, grow in love and know God" – Jackeline

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Gifts for Communities to Thrive

Trauma-healing journey

In 2019, when one of the worst cyclones on record to hit Africa ripped through Sarah's town of Blantyre in Malawi, it took the life of her 36-year-old son. The cyclone killed more than 1,300 people and left many more missing. Sarah, her neighbourhood, and communities throughout Malawi, Mozambique and Zimbabwe were traumatised – no parent should have to bury their child. Mothers' Union established 15 trauma-healing groups to help people build back their homes, lives, and to journey through their grief together.

Your gift can help communities recover from trauma, shock and grief in a safe environment.

Sarah feels a huge sense of relief. She no longer feels alone in her sadness, and her hope for the future is restored.



Your
gift of:

£75

could support an individual through a series of trauma-healing workshops, giving them strength to rebuild their own life.

Give the gift of togetherness this Mothering Sunday



Gifts of Togetherness

Order yours today

Each gift in this catalogue is a celebratory way for you to empower women to come together and give those in need strength, confidence, and the chance to fulfil their potential.

Three simple stages:

1st 

Select your gift from inside these pages. You can buy multiples of the same gift or buy different gifts. Each gift can be purchased in memory of a loved one.

2nd 

Complete the form, enclose your payment and send using the Freepost envelope attached. You can add Gift Aid if you're a UK taxpayer by ticking the box, which will make your gift worth 25% more at no cost to you.

3rd 

We will send you a Mothering Sunday greetings card for you to keep or send to your loved one.

You can also order your gift online by visiting www.makeamothersday.org or by calling us on 020 7222 5533

Mothering Sunday
14th March 2021

A reflective prayer for Mothering Sunday

As you join with others across the country in this prayer, take a moment after every section to bring your own response to God and to remember those you know for whom it is particularly relevant.

God of celebration,
who rejoices with those who rejoice,
we pray for those for whom Mothering Sunday
is a time of thanksgiving and joy.

God of compassion,
who weeps with those who weep,
we pray for those for whom Mothering Sunday
is a time of heartache and pain.

God of community,
who calls the children to come to him,
we thank you that your love abounds
for families of every kind.

God of comfort,
who gathers us as a hen gathers its chicks,
we thank you that your love surrounds
the disappointed and hurt.

God of every circumstance,
we bring our thanks and praise
that we belong to your family
as your beloved children. Amen

*How great is the love the Father has lavished on us,
that we should be called children of God!
And that is what we are!
1 John 3:1*

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Christian care for families



Signature: _____ Date: ____ / ____ / ____
Title: ____ Initial: ____ Surname: _____
Registered with
FR
FUNDRAISING
REGULATOR

Reg Charity no 240531

To help Mothers' Union keep costs to a minimum I **do not** require an acknowledgement or greetings card for this donation. ☐

☐ Yes please. My loved one's name is: _____
If your gift is in memory, we can also write your loved one's name in our remembrance book displayed in the Mothers' Union chapel.

If you would prefer **not** to receive fundraising updates from Mothers' Union please tick this box. ☐

By giving your telephone number you agree to being contacted by Mothers' Union in this way. **We will never pass your details to a third party.**

Title, First Name and Surname (Block Capitals): _____
Address: _____
Town: _____ County: _____
Postcode: _____ Tel: _____

Tick this box to make every £1 of your gift worth 25p more for FREE.
☐ Yes, I want to Gift Aid any donations made to Mothers' Union now, in the future and in the past four years until I notify you otherwise.
I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

giftaid it

Yes, I want to give a Gift of Togetherness

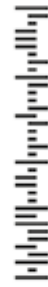
Please select your gifts, fill in your payment details overleaf and complete the details below.

PLEASE FOLD ALONG THE DOTTED LINE AND SEAL

Make a Mother's Day 2021



Freeport Plus RTKS-ZCXS-HSBT
Mothers' Union
126 Fairlie Road
SLOUGH
SL1 4PY



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Yes, I want to give a Gift of Togetherness

Gift	Cost	How many gifts?	How many cards?	How many are in memory?	€ Total
Empowerment classes for young girls	£7				
Savings and business skills	£15				
A parenting class	£32				
Passionate about parenting	£40				
Trauma-healing journey	£75				
AFIA Experience day	£102				
£ Total					

To manage our resources as cost-effectively as possible, we are working with Telebank, a fulfilment house who will help us with processing and acknowledging your gifts.

☐ I enclose a cheque made payable to **Mothers' Union**

Or please debit my (please tick): ☐ Visa/Visa Debit ☐ MasterCard

Card Number

CVC number (3 digits on the reverse of your card).

We do not retain your security code once your donation has been processed.

Expiry Date: /

Signature: _____ Date: _____

If sending a cheque please seal this form securely or place inside an envelope and use the freepost address:

Freepost Plus RTKS-ZCXS-HSBT
Mothers' Union
126 Fairlie Road
SLOUGH, SL1 4PY

**Thank you for
your order**  Registered with
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Uniting in Seven days of prayer 8th - 14th March



This year, Mothering Sunday on 14th March is the seventh day after International Women's Day on 8th March. Join us in seven days of prayer, reflection and action live each day on our Facebook at 12pm GMT. Although apart, we can come together in prayer for women and girls around the world.

www.mothersunion.org

Mothers' Union, Mary Sumner House, 24 Tufton Street, London, SW1P 3RB
The Mothers' Union, Incorporated by Royal Charter 1926, is a charity registered in England and Wales (Registration No: 240531)

Mothers' UNION
Christian care for families

Registered Charity Number 240531

**Give the gift of
togetherness this**

Mothering Sunday



**Your Mothering Sunday gift can
help a child and their guardian
find a path of strength and
solace through life's
difficulties and traumas.**

Mothers' UNION
Christian care for families