



Your gift of:

£36 could give a woman like Jeanne the business skills she needs to support her family.

Money matters gift

“We share what we have grown...”

Jeanne in the Diocese of Buhiga, Burundi, has learned the skills to run and grow her own business. Starting with literacy training and a loan, she and her family now have a house, cows, food, clothes and schooling for their children. She gives contributions back to her church and answers all the questions of her inspired and inquisitive neighbours.

This Mothering Sunday, you can empower more women with the dignity to run their own businesses.

“I used to rent a plot for growing cabbages, but then the business grew so that I was able to buy my own plot. Then I bought land and have now built our home. We can advise our children now, and we share what we have grown.”



Dealing with disaster

“Now I can help to treat people”

Anne-Marie attended reproductive healthcare and family planning training, and her confidence has opened up new doors. Malaria is a huge problem in her community, and many people don't necessarily know that it's mosquito-borne. Anne-Marie has gone on to learn how to prevent them breeding in people's homes, by keeping water covered, and shares her knowledge at the healthcare centre.

This Mothering Sunday, you can help more communities protect themselves and one another.

“I'm a community facilitator at the healthcare centre. Now I can help to treat people who have malaria symptoms. We work hand-in-hand with the dispensary and hospitals, and I provide advice on care.”

A powerful voice

“Now I am a deacon in my church”

In communities in Papua New Guinea, women are often denied the chance to have a voice. Your gift can empower mothers to speak out about their rights.

Theodora wanted to change the rules in her community where men talk and women sit quietly and listen. She knew that when women are given leadership roles within their community, they can bring about change that benefits everyone – such as a reduction in alcoholism and domestic violence.

She started conversations between her fellow Mothers' Union members and their husbands to address the imbalance in their marriages. Theodora also helped women gain their dignity and independence by setting up their own businesses.

“Now they have little projects such as peanut and chilli plots...this has been a good way of generating income.”



Your gift of:

£110 could provide skills training and knowledge to help communities build resilience against natural threats.



£11 could empower a woman to reach her full potential.

Your gift of:

Give the gift of dignity this Mothering Sunday



Your gift of:

£28

could help more mothers and grandmothers share their children's successes as they achieve their dreams.

Flourishing families

“God answered my prayers”

In Matana in southwest Burundi, Lyduine is a grandmother and mother with a lot to be proud of. She learned to read through her Mothers' Union programme, built a business and has managed not only to put her children through school, but support them into the careers of their dreams. Now her sons have families of their own, and her daughter, grandchild and Lyduine share a harmonious life at home.

This Mothering Sunday, you can help families support each other and develop their relationships.

“I have four grandchildren. God answered my prayers as my firstborn son finished school and is now in the police, another son finished university and is a doctor now. All my children have finished university. My daughter got pregnant and ran away, but after a time she came home. I took care of her child while she finished school, and now we live peacefully together.”

Tackling gender-based violence

“Now we have peace”

Mothers' Union in Uganda are responding to the growing threat of gender-based violence in their communities. By creating safe spaces where survivors of abuse can come forward and speak openly about their traumas, the essential healing process can begin through our presence. It is from within members' deep-rooted community presence that they can advocate against harmful practices which enable and perpetuate violence against women and girls to a better future.

This Mothering Sunday, you can help more women and girls live in safety and respect.

“It used to be that every time my husband and I had to pay school fees we would fear, and that fear would turn into arguments. Now we have peace, we know that we will manage because we both can contribute something. We are free now.”

Your gift of:

£60

could provide training for specialists to reach survivors of abuse in hard-to-reach communities.



Give the gift of dignity this Mothering Sunday

Your gift of:

£42 could

help members reach and empower more women in the DRC.

Choosing brighter futures

"I am proud of myself"

Despite poverty, conflict and abuse, women in the Democratic Republic of Congo are ambitious and strive for their dignity and independence. Mothers' Union is supporting them through skills training to grow businesses, while building confidence to speak out and take on leadership roles in the community. In community-led workshops, participants learn ways to generate an income through agricultural enterprises, alleviating themselves from dependency and empowering them to shape their own future.

This Mothering Sunday, you can support a woman to take pride in lifting herself out of poverty.

"Because of the new literacy and agricultural knowledge I have gained, I'm able to plant crops and train other women in my area on how they use good techniques for their agriculture. I am proud of myself, I'm growing vegetables which I can sell to help me save for the future. I have the chance of being among people in the literacy circle by the grace of God."



This year we are using the Mothers' Union online shop as the way you can buy your gifts of dignity

Gifts of Dignity

Order yours today

The quickest and easiest way to order your gift is at www.makeamothersday.org

Each gift in this catalogue is a celebratory way for you to empower women to come together and give those in need strength, confidence, and the chance to fulfil their potential.

Three simple stages:

1st 

Select your gift from inside these pages. You can buy multiples of the same gift or buy different gifts. Each gift can be purchased in memory of a loved one.

2nd 

Complete the form, enclose your payment and send using the Freepost envelope attached. You can add Gift Aid if you're a UK taxpayer by ticking the box, which will make your gift worth 25% more at no cost to you.

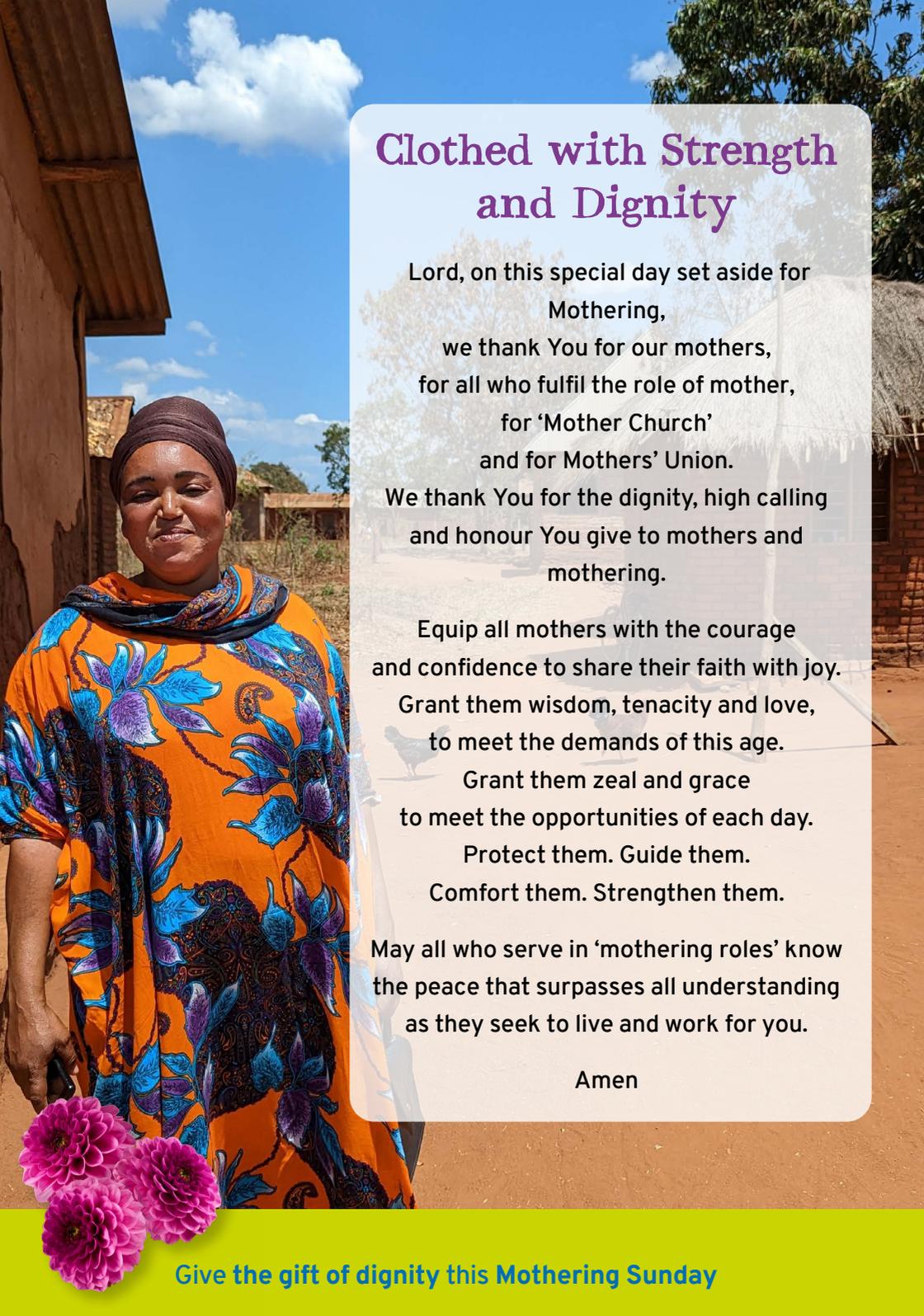
3rd 

We will send you a Mothering Sunday greetings card for you to keep or send to your loved one.

You can also order your gift online by visiting www.makeamothersday.org or by calling us on 020 7222 5533

**Mothering Sunday
10th March 2024**

Give the gift of dignity this Mothering Sunday



Clothed with Strength and Dignity

Lord, on this special day set aside for
Mothering,

we thank You for our mothers,
for all who fulfil the role of mother,
for 'Mother Church'
and for Mothers' Union.

We thank You for the dignity, high calling
and honour You give to mothers and
mothering.

Equip all mothers with the courage
and confidence to share their faith with joy.
Grant them wisdom, tenacity and love,
to meet the demands of this age.

Grant them zeal and grace
to meet the opportunities of each day.

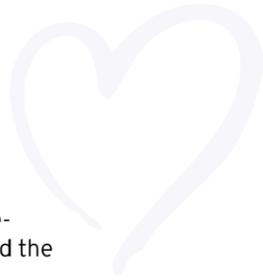
Protect them. Guide them.

Comfort them. Strengthen them.

May all who serve in 'mothering roles' know
the peace that surpasses all understanding
as they seek to live and work for you.

Amen

Give the gift of dignity this Mothering Sunday



Dedicate your gift

You may like to dedicate your Mothering Sunday gift to your own mother, or to someone who has supported you when you needed them.

Dedicating a gift, or making a gift in memory of a loved one, is a meaningful way of celebrating and giving thanks to God.

On the order form to the right, you can write the name of the person you'd like to dedicate your gift to.



Dear friends,

This Mothering Sunday, the support and prayers we give as a community can transform into the life-changing gift of dignity for girls and women around the world.

In remote areas of Uganda, where poverty and gender inequality put girls at high risk of forced early marriage and gender-based violence, they desperately need our support so they can exercise their rights.

Your **Gift of Dignity** this Mothering Sunday can empower women and girls to break the chains that stop them speaking out. You can inspire leaders and authorities in their community to stand by them. Your gift can even support more women to grow their independence, take on leadership roles, and build a better future for their children.

By choosing an ethical gift, you'll be making a difference for mothers and their families through the ground-breaking work Mothers' Union does at home and overseas. We are a formidable strength when we pull together, and there are so many ways we can support girls and women to hold their heads high with dignity.

You can dedicate your Mothering Sunday gift to someone who has supported you, or who has inspired your respect, on the order form enclosed. Simply fill in the form and return it in the enclosed reply envelope. Whatever you can give will be transformative.

Thank you and God's blessings for Mothering Sunday 2024,

Sheran Harper
Worldwide President, Mothers' Union



Give the gift of dignity this Mothering Sunday

Yes, I want to give a gift of dignity

Title, first name and surname (block capitals): _____

Address: _____

Town: _____ County: _____

Postcode: _____ Tel: _____

By giving your telephone number you agree to being contacted by Mothers' Union in this way. **We will never pass your details to a third party.**

If your gift is in memory, we can also write your loved one's name in our remembrance book displayed in the Mothers' Union chapel.

Yes please. My loved one's name is: _____

To help Mothers' Union keep costs to a minimum I do **not** require an acknowledgement or greetings card for this donation.

Staying in contact

Gaming - If you tick this you **WILL NOT** receive any raffles, lotteries or free prize draws.

Campaigns and Resources - Tick to **NOT** receive mail that contains membership resources, campaign materials or appeals. *This Includes Connected and the Prayer Diary.*

Reg Charity no 240531

Tick this box to make every £1 of your gift worth 25p more for FREE.

Yes, I want to Gift Aid any donations made to Mothers' Union now, in the future and in the past four years until I notify you otherwise.

I am a UK taxpayer and understand that if I pay Less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Signature: _____ Date: ___ / ___ / ___

Title: ___ Initial: ___ Surname: _____

Tick this box to opt out of all mail apart from essential (membership renewal). Ticking this box automatically opts you out of the other two options in this section.

PLEASE FOLD ALONG THE DOTTED LINE AND SEAL

Please select your gifts, fill in your payment details overleaf and complete the details below.



Gifts of Dignity
Order yours today
Mothering Sunday
10th March 2024

Freepost RTGU-SBBL-LXSX
Mothers' Union
Mary Summer House
24 Tufton Street
London
SW1P 3RB



Mothers' UNION
Christian care for families

Yes, I want to give a gift of dignity

Gift	Cost	How many gifts?	How many cards?	How many are in memory?	Total £
Money matters gift	£36				
Choosing brighter futures	£42				
A powerful voice	£11				
Flourishing families	£25				
Tackling gender-based violence	£60				
Dealing with disaster	£110				
					Total £

Orders must be RECEIVED by 1st March to be dispatched before Mothering Sunday

I enclose a cheque payable to **Mothers' Union**

Or please debit my (please tick): Visa/Visa Debit Mastercard

Card Number

CVC number (3 digits on the reverse of your card):

We do not retain your security code once your donation has been processed.

Expiry Date: /

Signature: _____ Date: _____

If sending a cheque please seal this form securely or place inside an envelope and use the freepost address:

Freepost RTGU-SBBL-LXSX
Mothers' Union, Mary Summer House
24 Tufton Street
London SW1P 3RB

Thank you for
your order



Registered with
FINANCIAL
REGULATOR

Mothers' Union, Mary Summer House, 24 Tufton Street, London, SW1P 3RB
The Mothers' Union, Incorporated by Royal Charter 1926, is a charity registered in England and Wales (Registration No: 240531)

Mothers' UNION
Christian care for families

Give the gift of
DIGNITY
this Mothering Sunday

Our gifts of dignity are gifts you can give that will empower women around the world - giving them their voices, rights, and helping to turn the tide on gender inequality.

Can you give a gift of dignity this Mothering Sunday?

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