

## **Mothering Sunday quiz**

**Question 1: According to the Flowers & Plants Association, Mother's Day is the biggest event in the UK's cut flower and indoor plant industry. At this time of year the UK's sales of cut flowers and indoor plants increase by what average on a normal day's trading?**

Options:

- 10%
- 32%
- 40%

*Answer: 40%*

**Question 2: How much money is spent on Mothering Sunday cards in the UK?**

Options:

- £65 million
- £15 million
- £45 million

*Answer: According to the British Retail Consortium around £45 million is spent on Mother's Day Cards*

**Question 3: How many cards are sent for Mothering Sunday in the UK?**

Options:

- 10 million
- 45 million
- 30 million

*Answer: 30 million cards*

**Question 4: On which Sunday before Lent is Mothering Sunday celebrated?**

**Options**

- 10<sup>th</sup> Sunday
- 6<sup>th</sup> Sunday
- 4<sup>th</sup> Sunday

*Answer: Like many traditions and festivities, Mothering Sunday began with a religious purpose in the 16<sup>th</sup> Century. Held on the fourth Sunday in Lent, it was originally a day to honour and give thanks to the Virgin Mary. Such celebrations required people to visit the main church or cathedral in a family's area. Mothering Sunday reunited families it was the one day a year when domestic servants were allowed to visit their families. Flowers were picked by the workers on the way home from work; they'd pick wildflowers from the country lanes.*

**Question 5: What food is most associated with Mothering Sunday?**

**Options**

- Sunday Roast
- Eggs
- Simnel Cake

*Answer: Traditionally, the food most associated with Mothering Sunday is Simnel Cake- a fruit cake with a layer of almond paste covering the top and the middle. The cake is often decorated with eleven balls of marzipan to represent the eleven disciples, minus Judas.*

**Question 6: In Ancient Greece, what god was celebrated on Mothering Sunday?**

**Options:**

- Artemis
- Hestia
- Rhea

*Answer: Mothering Sunday dates back as far as Ancient Greece, when Greeks used to hold an annual spring festival dedicated to the maternal Goddess Rhea, mother of Gods*

**Question 7: What is Mothering Sunday also known as?**

**Options:**

- Laetare Sunday
- Refreshment Sunday
- Rose Sunday

*Answer: All the above. Mothering Sunday originated refreshment Sunday, Laetare Sunday, the fourth Sunday in lent also known as Rose Sunday*

**Question 9: Mothers' Day is celebrated around the world at difference times. When does it occur in the USA?**

**Options:**

- First Saturday of May
- First Sunday of May
- Second Sunday of May

*Answer: Second Sunday in May*

**Question 8: In the United States of America, who is credited as starting Mother's Sunday?**

Options:

- Eleanor Roosevelt
- Anna Jarvis
- Betty Wilder

*Answer: In the US, Anna Jarvis is credited as being the "mother" of modern day Mother's Day. When her own mother died, she set about campaigning for a day to honour mothers. In 1914, President Woodrow Wilson signed a proclamation designating the second Sunday in May as a national day to honour mothers.*

**Question 10: In Which Indian city did Mother Theresa found her missionary?**

Options:

- Mumbai
- Varanasi
- Calcutta

*Answer: Calcutta*

**Question 11: Who was the mother of Queen Elizabeth I?**

Options:

- Anne Boleyn
- Mary Queen of Scots
- Mary II

*Answer: Anne Boleyn*

**Question 12: When did Mothers' Union's Make a Mother's Day Appeal start?**

Options:

- 1957
- 1999
- 2006

*Answer: Mothers' Union's Make a Mother's Day Appeal started in 2006*