Some examples from Praying with Purpose

Each write one prayer for the initiative on paper then fold into a paper aeroplane. In a circle all throw their aeroplanes, then pick up another's’ aeroplane. All unfold the paper and read out their aeroplane prayer. The papers can be taken home for everyone to continue praying their specific prayer.

Where the initiative includes craft activities use a craft to pray for their use...

Our prayers are called sweet smelling incense: Psalm 141:1-2; Revelation 5:6-8; Revelation 8:3-4

Write prayers on pieces of paper, read them out and place in a bowl. As you do so release sweet fragrance e.g. incense; scented candle; home fragrance. Spend some time in silent prayer as the fragrance fills the room.
Praying with Purpose

The aim of this resource is

- to build faith for prayer,
- to encourage people to participate by making prayer as accessible as possible
- to provide tools both for groups and individuals at home as they come to pray for each other, for projects and for initiatives.
- to tie together even more closely the prayer and practical aspects of Mothers’ Union’s mission.

The emphasis is on variety in praying so that all who participate can feel both comfortable and inspired to pray!