

16 Days of Activism 2023

RISE UP against domestic abuse RESPOND INFORM SUPPORT EMPOWER UNITE PRAYER

“Rise up; this matter is in your hands. We will support you, so take courage and do it.”

Ezra 10:4

“Arise, shine, for your light has come, and the glory of the LORD rises upon you. Keep Rising Up Again!”

Isaiah 60:1

“Do not gloat over me, my enemy! Though I have fallen, I will rise. Though I sit in darkness, the Lord will be my light.”

Micah 7:8

“Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father.”

Colossians 3:17

“The Lord makes firm the steps of the one who delights in him; though he may stumble, he will not fall, for the Lord upholds him with his hand.”

Psalms 37:23-24

“Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

Isaiah 41:10

“For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you.”

Isaiah 41:13

“But those who hope in the Lord will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary.”

Isaiah 40:31 (CEB)

“But those who trust in the LORD for help will find their strength renewed. They will rise on wings like eagles; they will run and not get weary; they will walk and not grow weak.”

Isaiah 40:31 (GNT)

“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

Isaiah 41:31 (NIV)

Acts 26:16

“But rise and stand upon your feet, for I have appeared to you for this purpose, to appoint you as a servant and witness to the things in which you have seen me and to those in which I will appear to you.”

Acts 26:16 (ESV)

“Now get up and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me.” Acts 26:16 (NIV)

“But get up and stand on your feet; for I have appeared to you for this purpose, to appoint you to serve and testify to the things in which you have seen me and to those in which I will appear to you.”

Acts 26:16 (NRSV)

“The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.”

Psalms 28:7 (NIV)

“For nothing will be impossible with God.”

Luke 1:37 (NRSVA)

“From the rising of the sun to the place where it sets, the name of the Lord is to be praised.”

Psalms 113:3 (NIV)

“Get up and prepare for action. Go out and tell them everything I tell you to say. Do not be afraid of them, or I will make you look foolish in front of them.”

Jeremiah 1:17 (NLT)

“Let us not love with words or speech but with actions and in truth.”

1 John 3:18 (NIV)

“Don’t copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think.”

Romans 12:2 (NLT)

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – his good, pleasing and perfect will.”

Romans 12:2 (NIV)

"Strength and honour are her clothing; she is confident about the future."

Proverbs 31:25 (CEB)

“Be strong! Be fearless! Don’t be afraid and don’t be scared by your enemies, because the Lord your God is the one who marches with you. He won’t let you down, and he won’t abandon you.”

Deuteronomy 31:6 (CEB)

“The Lord is my light and my salvation. Should I fear anyone? The Lord is a fortress protecting my life. Should I be frightened of anything?”

Psalms 27:1 (CEB)

“For if you remain silent at this time, relief and deliverance for the Jews will arise from another place, but you and your father's family will perish. And who knows but that you have come to your royal position for such a time as this?”

Esther 4:14 (NIV)

“God created human beings in his own image. In the image of God he created them; male and female he created them. God saw all that he had made, and it was very good.”

Genesis 1:27, 31

“He has shown you what is good.

And what does the Lord require of you?

To act justly and to love mercy and to walk humbly with your God.”

Micah 6:8 (NIV)

“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength and love your neighbour as yourself.

There is no commandment greater than these.”

Mark 12:30-31 (NIV)

“Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and love your neighbour as yourself.”

Luke 10:27 (NIV)

“Speak up for those who cannot speak for themselves; ensure justice for those being crushed.”

Proverbs 31:8 (NLT)

Jesus said: “Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.”

Matthew 25: 40 (NIV)

Then the king will answer, “The truth is, anything you did for any of my people here, you also did for me.”

Matthew 25:40 (ERV)

“Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed.”

John 3:20 (NIV)

“The thief comes only in order to steal, kill, and destroy. I have come in order that you might have life – life in all its fullness.”

John 10:10 (GNT)

“There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.”

Galatians 3:28 (NIV)

“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.”

Galatians 6:9 (NIV)

“Don’t take part in doing those worthless things that are done in the dark. Instead, show how wrong they are. The light will show what these things are really like.”

Ephesians 5:11, 13 (CEV)

“The prayer of a righteous person is powerful and effective.”

James 5:16 (NIV)

“May my prayer come before you; turn your ear to my cry.”

Psalms 88:2 (NIV)

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.”

Philippians 4:6 (NIV)

“Cast all your anxiety on him because he cares for you.”

1 Peter 5:7 (NIV)

“Now that you know these things, you will be blessed if you do them.”

John 13:17 (NIV)

“I can do all things through Christ who strengthens me.”

Philippians 4:13 (NRSV)

“Do not merely listen to the word, and so deceive yourselves. Do what it says.”
James 1:22 (NIV)

“Carry each other’s burdens, and in this way you will fulfil the law of Christ.”
Galatians 6:2 (NIV)

“But someone will say, “You have faith; I have deeds.”
Show me your faith without deeds, and I will show you my faith by my deeds.”
James 2:18

“Therefore encourage one another and build up each other, as indeed you are
doing.”
1 Thessalonians 5:11 (NIV)

“I praise you because I am fearfully and wonderfully made,”
Psalm 139:14

Quotes relating to Violence Against Women

Matin Luther King Jnr

“Now is the time to make justice a reality for all of God’s children.”

“We adopt the means of nonviolence because our end is a community at peace with itself. We will try to persuade with our words, but if our words fail, we will try to persuade with our acts.”

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."

"Injustice anywhere is a threat to justice everywhere."

"Our lives begin to end the day we become silent about things that matter."

Ban Ki-moon, Secretary General, United Nations, 2007-2016

There is one universal truth, applicable to all countries, cultures and communities: violence against women is never acceptable, never excusable, never tolerable. **Ban Ki-moon**

We must unite. Violence against women cannot be tolerated, in any form, in any context, in any circumstance, by any political leader or by any government. **Ban Ki-moon**

Men must teach each other that real men do not violate or oppress women - and that a woman's place is not just in the home or the field, but in schools and offices and boardrooms. **Ban Ki-moon**

Violence against women continues to persist as one of the most heinous, systematic and prevalent human rights abuses in the world. It is a threat to all women, and an obstacle to all our efforts for development, peace, and gender equality in all societies. Violence against women is always a violation of human rights; it is always a crime; and it is always unacceptable. Let us take this issue with the deadly seriousness that it deserves.

Ban Ki-moon

I call on men and boys everywhere to join us. Violence against women and girls will not be eradicated until all of us - men and boys - refuse to tolerate it.

Ban Ki-moon

Since [violence against women] is rooted in discrimination, impunity and complacency, we need to change attitudes and behaviour - and we need to change laws and make sure they are enforced. **Ban Ki-moon**

António Guterres, UNCSW 2017 - UN Secretary-General 2017 to date

"The pervasiveness of violence against women and girls has led to acquiescence that it is somehow inevitable or impossible to end. This is as outrageous and self-defeating as it is plain wrong." **UN Secretary-General António Guterres, 2021**

Violence against women and girls is a global pandemic. Not until the half of our population can live free of fear, violence and everyday insecurity, can we truly say we live in a fair and equal world.

UN Secretary-General António Guterres, 2019 (137 women across the world are killed by a member of their own family every day (UN 2017))

Kofi Annan, Secretary General, United Nations, 1997-2006

"Violence against women is perhaps the most shameful human rights violation, and it is perhaps the most pervasive. It knows no boundaries of geography, culture or wealth. As long as it continues, we cannot claim to be making real progress towards equality, development and peace." **Kofi Annan 2017**

Violence against women and girls is a problem of pandemic proportions. At least one out of every three women around the world has been beaten, coerced into sex, or otherwise abused in her lifetime with the abuser usually someone known to her. **Kofi Annan**

"Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family" **Kofi Annan**

"The problem is not with the faith, but with the faithful" **Kofi Annan**

"We may have different religions, different languages, different coloured skin, but we all belong to one human race." **Kofi Annan**

Violence against women isn't cultural, its criminal. Equality cannot come eventually. It is something we must fight for now. **Samantha Power, Director US International Aid**

It is by standing up for the rights of women and girls that we truly measure up as men. **Archbishop Desmond Tutu**

Unless men are active allies, we'll never end violence against women and girls. **Eve Ensler**

Together we can change our culture for the better by ending violence against women and girls, artists have a unique power to change minds and attitudes and get us thinking and talking about what matters, and all of us, in our lives, have the power to set an example. Join our campaign to stop this violence.

Barak Obama

Violence against women is an everyday reality, act now, always, and forever before it's too late. **Unknown**

It seems to me that violence against women has been tolerated for so long that the world has become numb to it. **Zainab Saleb**

[International Day for the Elimination of Violence against Women 2022: Greetings, Messages, Slogans, Motivational Quotes & more \(jagranjosh.com\)](http://jagranjosh.com)

Every year on November 25, there is a celebration of the International Day for the Elimination of Violence Against Women. Today is observed as a day of remembrance for the Mirabal sisters, Dominican Republic activists who were assassinated in 1960 at Rafael Trujillo's command. The United Nations wants to increase public awareness about violence against women based on their gender.

History

The Convention on the Elimination of All Forms of Discrimination Against Women was adopted by the UN General Assembly in 1979. (CEDAW). However, the issue of violence against women and girls continues to exist on a global scale. The General Assembly passed resolution 48/104 to address this problem and lay the groundwork for a world free of gender-based violence.

November 25 has been observed as a day to speak out against gender-based violence since 1981. The Mirabal sisters, three political activists from the Dominican Republic who were brutally murdered in 1960 on former president Rafael Trujillo's instruction, are commemorated on this day.

Significance

According to the official website of the UN, one of the most pervasive, ongoing, and devastating violations of human rights in the world, today is violence against women and girls (VAWG). The International Day for the Elimination of Violence Against Women is observed to increase public awareness of gender-based violence issues and to highlight the physical, sexual, and psychological manifestations of this type of violence.

Wishes, Messages, or Greetings

- From every wound, there is a scar, and every scar tells a story. A story that says, I survived. Happy International Day for the Elimination of Violence against Women
- You don't have to wait for someone to treat you badly repeatedly. All it takes is once, and if they get away with it once they know they can treat you like that, then it sets the pattern for the future. Be Brave
- It's never too late to do the right thing. Happy International Day for the Elimination of Violence against Women
- Women should know that love doesn't abuse you. It shouldn't hurt you. Love cannot be redefined into 'He only hit me once, I'll let it slide.' Love is happiness, not being neglectful, caring, being respectful, providing, having standards, kindness, and standing up for the right things.
- The best protection any woman can have... is courage. Let's celebrate International Day for the Elimination of Violence against Women
- We must unite. Violence against women cannot be tolerated, in any form, in any context, in any circumstance, by any political leader, or by any government. Happy International Day for the Elimination of Violence against Women.
- There is one universal truth, applicable to all countries, cultures, and communities: violence against women is never acceptable, never excusable, and never tolerable.
- We can all take responsibility for helping to bring about change, and keeping our friends and colleagues safe from domestic violence. This year let's take this pledge

Quotes for International Day for the Elimination of Violence against Women

“Nowhere in the world is a woman safe from violence. The strengthening of global commitment to counteract this plague is a movement whose time has come.” **Asha-Rose Migiro**

“Domestic violence is the front line of the war against women.” **Pearl Cleage**

“Domestic violence and violence against women, in general, seems to be a big problem everywhere in the world. It seems to me this problem comes from stress, pent-up anger, frustration, and all kinds of negativity within human beings.” **David Lynch**

“Men are afraid that women will laugh at them. Women are afraid that men will kill them.” **Margaret Atwood**

“The more that we choose not to talk about domestic violence, the more we shy away from the issue, the more we lose.” **Russell Wilson**

“Domestic violence can be so easy for people to ignore, as it often happens without any witnesses and it is sometimes easier not to get involved. Yet, by publicly speaking out against domestic violence, together we can challenge attitudes towards violence in the home and show that domestic violence is a crime and not merely unacceptable.”

Honor Blackman

“Domestic violence is an epidemic, and yet we don’t address it. Until it happens to celebrities.” **Nelsan Ellis**

Slogans for International Day for the Elimination of Violence against Women

- Happy women, happy family
- Real men don’t hit women
- Be a man, respect women
- Use your brain, domestic violence is insane
- It is bright not to fight
- A life lived violently is a life wasted
- Abuse is a crime, not an excuse
- Stalking, hitting doesn’t suit men
- End violence, refuse to be silent.
- If your partner is violent, don’t be silent
- Shatter the silence, stop the violence
- Give respect, get respect.
- Tolerating once means tolerating forever

"UNITE! Activism to End Violence Against Women and Girls" will be the focus of the 2022 International Day for the Elimination of Violence Against Women. According to the official website of the United Nations, this campaign will consist of 16 days of activism beginning on November 25 and ending on December 10—International Human Rights Day.

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