



RISE UP Against Domestic Abuse is Mothers' Union campaign to raise awareness about domestic abuse. We are working with our members to ensure that as many churches as possible have information about their local domestic abuse helpline.

The letters of **RISE UP** stand for **Respond, Inform, Support, Empower, Unite and Pray.**

Mothers' Union is a global Christian movement working with people of all faiths and none to strengthen families and advocate for change. Our 4 million members are active in 83 countries and work tirelessly to serve their communities to build a future where everyone thrives.

Scan the QR code to find out more about what Mothers' Union do and how to get involved.



RISE UP Against Domestic Abuse is Mothers' Union campaign to raise awareness about domestic abuse. We are working with our members to ensure that as many churches as possible have information about their local domestic abuse helpline.

The letters of **RISE UP** stand for **Respond, Inform, Support, Empower, Unite and Pray.**

Mothers' Union is a global Christian movement working with people of all faiths and none to strengthen families and advocate for change. Our 4 million members are active in 83 countries and work tirelessly to serve their communities to build a future where everyone thrives.

Scan the QR code to find out more about what Mothers' Union do and how to get involved.



RISE UP Against Domestic Abuse is Mothers' Union campaign to raise awareness about domestic abuse. We are working with our members to ensure that as many churches as possible have information about their local domestic abuse helpline.

The letters of **RISE UP** stand for **Respond, Inform, Support, Empower, Unite and Pray.**

Mothers' Union is a global Christian movement working with people of all faiths and none to strengthen families and advocate for change. Our 4 million members are active in 83 countries and work tirelessly to serve their communities to build a future where everyone thrives.

Scan the QR code to find out more about what Mothers' Union do and how to get involved.



**If someone discloses abuse to you, you should:**

**R**espond Respond to a disclosure of abuse with compassion and calm

**I**nform Inform the person where they can get help. If a person is in immediate danger call **999**, otherwise direct them to their county domestic abuse helpline or the National Domestic Abuse Helpline on **0808 2000 247**

**S**upport Support in a safe manner, listen and believe

**E**mpower Empower them to grow and heal

**U**nite Unite the members of Mother's Union and churches to help end domestic abuse

**P**ray Pray for all affected by domestic abuse

**IMPORTANT Do not tell a victim to leave.**

**If someone discloses abuse to you, you should:**

**R**espond Respond to a disclosure of abuse with compassion and calm

**I**nform Inform the person where they can get help. If a person is in immediate danger call **999**, otherwise direct them to their county domestic abuse helpline or the National Domestic Abuse Helpline on **0808 2000 247**

**S**upport Support in a safe manner, listen and believe

**E**mpower Empower them to grow and heal

**U**nite Unite the members of Mother's Union and churches to help end domestic abuse

**P**ray Pray for all affected by domestic abuse

**IMPORTANT Do not tell a victim to leave.**

**If someone discloses abuse to you, you should:**

**R**espond Respond to a disclosure of abuse with compassion and calm

**I**nform Inform the person where they can get help. If a person is in immediate danger call **999**, otherwise direct them to their county domestic abuse helpline or the National Domestic Abuse Helpline on **0808 2000 247**

**S**upport Support in a safe manner, listen and believe

**E**mpower Empower them to grow and heal

**U**nite Unite the members of Mother's Union and churches to help end domestic abuse

**P**ray Pray for all affected by domestic abuse

**IMPORTANT Do not tell a victim to leave.**