

# RISE UP

against  
domestic  
abuse



RISE UP Against Domestic Abuse is Mothers' Union campaign to raise awareness about domestic abuse. We are working with our members to ensure that as many churches as possible have information about their local domestic abuse helpline.

The letters of **RISE UP** stand for **Respond, Inform, Support, Empower, Unite and Pray.**

Mothers' Union is a global Christian movement working with people of all faiths and none to strengthen families and advocate for change. Our 4 million members are active in 83 countries and work tirelessly to serve their communities to build a future where everyone thrives.

Scan the QR code to find out more about what Mothers' Union do and how to get involved.



**Mothers' UNION**  
Christian care for families

# If someone discloses abuse to you, you should:

**R**espond Respond to them by doing the following

**I**nform If a person is in immediate danger, call **999**. Direct the person to your county domestic abuse helpline or the Refuge 24 hour helpline on **0808 2000 247**

**S**upport Tell the victim the abuse is not their fault

**E**mpower Take the person seriously, trust what they say

**U**nite Listen and believe

**P**ray Pray for all those affected by domestic abuse

**IMPORTANT Do not tell a victim to leave.**