



**They carry seeds into the unknown.  
You can help them grow a future.**

**Free sunflower seeds enclosed!**



If undelivered please return to:  
Mary Sumner House, 24 Tufton Street, London, SW1P 3RB  
Reg charity no 240531



# Sow hope with your gift today – support women in crisis-affected communities.

Your gift today can bring lasting change in some of the world's hardest places –  
and help faith bloom in the most unexpected soil.

