

"God is our refuge and strength, an ever-present help in trouble,"
– Psalm 46:1

Your donation will help provide:

- Literacy programmes that empower women to speak out, budget, and grow
- Bible-based savings groups that build dignity, faith, and financial resilience
- Support for Mothers' Union's life-changing work – wherever the need is greatest

In these communities, women also learn to grow quick-harvest crops like lenga lenga (a leafy nutritious green), cabbages, and beans. Planted safely near home, these gardens provide families with food, dignity and self-reliance.

They do this in fellowship. Women like Julienne meet weekly to pray, study scripture, and support each other – growing strong in faith as they rebuild trust broken by violence.

Even when displaced again, these women return to one another and start afresh – with their faith, seeds and savings ready.

"Those who sow with tears will reap with songs of joy... carrying sheaves with them."
– Psalm 126:5-6

Your gift today can help sustain this vital work.

And you can also help by starting your own "Sow & Grow" fundraiser.

This summer, let us invite you to:

- Host a sunflower growing competition at your church or with friends
- Run a sponsored Grow-a-thon – who can grow the tallest plant?
- Sell preserves, herbs, or bakes made from your garden's bounty
- Or throw a summer garden party to raise vital funds

To get you started, I've enclosed a free pack of sunflower seeds – a thank you for your generosity and a symbol of the hope you're helping to grow. Sunflowers turn towards the light, just like Julienne.

"If you spend yourselves on behalf of the hungry... your light will rise in the darkness... You will be like a well-watered garden." – Isaiah 58:10-11

Please will you send a gift today using the attached donation form? Every seed of generosity you sow brings nourishment, light and faith to women facing crisis.

With heartfelt thanks, and God's blessing

Kathleen M. Snow

Kathleen Snow
Worldwide President, Mothers' Union

P.S. Please return your donation form today – and help women like Julienne move from survival to stability, with God's love. You can also bring your community together with a DIY "Sow & Grow" fundraiser. Every act of faith makes a difference.

You can also donate online at WWW.mothersunion.org/summer-hope-25
or by calling us on 020 7222 5533



**"In this group we pray,
we read the Bible, and
we save wisely."**

Naomi



The seeds enclosed cost just a few pence. Please use yours to celebrate this Summer of Hope, spread the word of our work together, or even raise more funds. Visit mothersunion.org/get-involved/raise-money/other-fundraising

"For I know the plans I have for you," declares the Lord... "plans to give you hope and a future."
– Jeremiah 29:11

**Your support can help
women like Julienne:**

- Learn to read, write, and understand their God-given rights
- Save safely, grow food, and rebuild their lives through faith
- Share God's Word and support each other in fellowship and prayer

Thank you!

Mothers' UNION
Christian care for families





When families flee conflict in the Democratic Republic of Congo (DRC), they often leave everything behind. Everything that is except some bare essentials – seeds

Those seeds are more than survival – they are a sign of faith.

A promise that God has not abandoned them. That hope can still take root.

This *Summer of Hope*, I'm asking you to stand with them, to help sow new beginnings through your gift. Please use the attached donation form to make a gift and help women like Julianne rebuild their lives with God's help – through literacy, savings, prayer, and community.

Julianne has spent much of her life in fear – of violence, of abuse, of instability. Displaced by conflict and trapped in an abusive marriage, she fled with almost nothing. For over a decade, she struggled to survive, without education or a safe way to earn a living.

Then she found hope through a Mothers' Union literacy circle.

With your support, Julianne learned to read and write for the first time. She began to understand her rights – and how often she had been denied them. "It felt like moving from darkness into light," she says. God was leading her into a new chapter.

Education unlocked her potential. She grew in confidence and began to run a small business. Her community saw her flourish and invited her to become a leader. Her story, like that of so many women in our programmes, shows how your gift today can be a light in someone's darkness.



"Before, I couldn't read a mobile and needed help even to know who was calling me. Now I can read and write, my children really respect me. They have learnt a lot as students, and I've been chosen to be a chaplain. It makes me feel very good." – Julianne

Registered Charity Number 240531

Continued overleaf

Help women grow in faith and resilience this Summer of Hope YES! I want to sow the Gift of Hope today.

Here is my gift of

☐ £25 ☐ £50 ☐ £100 ☐ My choice: £_____ to support more women like Julianne to grow a future of faith, fellowship and resilience.

☐ I enclose a cheque/postal order/CAF voucher made payable to Mothers' Union OR please charge my:

☐ Visa ☐ MasterCard ☐ CAF Charity Card

Card No

Expiry date Security code

Signed:

Please return this form and any cheque donations to:

Freeport Plus RUGX-ZKXL-RTAT
Mothers' Union, Mary Sumner House,
24 Tufton Street, London, SW1P 3RB



Tick this box to make every £1 of your gift worth 25p more for FREE.

☐ Yes, I want to Gift Aid any donations made to Mothers' Union now, in the future and in the past four years until I notify you otherwise.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay *giftaid it*

☐ Yes, this is a gift from me OR

☐ Yes, this is a group collection, so it is not eligible for Gift Aid

Staying in touch

☐ Gaming - If you tick this you **WILL NOT** receive any raffles, lotteries or free prize draws.

☐ Campaigns and Resources - Tick to **NOT** receive mail that contains membership resources, campaign materials, or appeals. **This includes Connected and the Prayer Diary.**

☐ Non-essential - Tick this box to opt out of all mail apart from essential (membership renewal). Ticking this box automatically opts you out of the other 2 options.