

# MOTHERS' UNION

## MIDDAY PRAYERS FOR

### JULY 2026

#### Theme: Sharing our Faith

#### Reflection for the theme of sharing our faith (from the Prayer Diary 2026)

Jesus tells us to go and make disciples of all nations. At this time of year, we seem to have more time to do things, but do we have the courage to witness to our faith with pride, showing respect for others while remaining steadfast to our calling? St Francis of Assisi said, 'Go out to preach the Gospel, and only if necessary, should we use words.' Mothers' Union was founded on faith; it continues to be built on faith by lives lived in faith for the future of our faith. Let us share this rich faith generously.

#### Monday - Prayer for Boldness and Clarity.

Heavenly Father, we pray for boldness to share our faith with those around us. Fill us with your Holy Spirit, so that we may speak with clarity and conviction, and that our words and actions may be a reflection of your love and truth.

Lord, help us to overcome any fear or hesitation we may have in sharing our faith. Grant us the courage to speak openly and honestly about the hope that we have in Jesus Christ. Father, we pray that you would give us wisdom and discernment in our interactions with others.

#### Tuesday - Prayer for Opportunities to Share

Lord, show us the people you want us to connect with and the opportunities you want us to take to share your love. Father, we pray that you would use us as instruments of your grace. May our lives be a testimony to your goodness and may

others come to know you through our words and actions.

Lord, we pray that you would give us a heart for the lost, just as you have a heart for them. Help us to be a witness to your love and truth, and to share the good news of salvation with those who do not yet know you.

#### Wednesday - Prayer for Guidance and Protection.

Heavenly Father, we pray for your guidance and protection as we share our faith. Keep us safe from harm and evil and help us to be a faithful witness to your truth. Lord, we pray that you would surround us with your Holy Spirit. May your Spirit be our constant companion, teaching us and guiding us in all our interactions

Father, we pray that you would protect us from any negative reactions or misunderstandings. Help us to respond with grace and love, even in challenging situations.

#### Thursday - Prayer of Gratitude.

Lord, thank you for your love and for the gift of eternal life through Jesus Christ. Help us to live a life that is worthy of your calling and to share your love with others. Father, we are grateful for the blessings you have given us. Help us to be generous and giving people, sharing our resources, time, and talents with others.

Lord, thank you for your faithfulness and for your endless grace. Help us to follow you with all our hearts and to live out your teachings in our daily life.

#### Friday - Prayer for a Contagious Faith

Heavenly Father, we pray for a contagious faith. May our lives be a reflection of your love and grace, inspiring others to seek you and to experience the joy of knowing you. Lord, help us to live with the assurance of your presence, regardless of our

circumstances. May our faith be a beacon of hope, shining brightly for all to see.

Father, we pray that our faith will be contagious, inspiring others to live for you and to experience the fullness of life that comes through a relationship with Jesus Christ.

### **Saturday - A Prayer for Courage and Wisdom**

Heavenly Father, fill us with your Holy Spirit. Give us the courage and boldness to share Your truth and Your Gospel with those around us. Grant us wisdom and discernment so that we may speak Your words and demonstrate Your love in every interaction. Help us to overcome our fears and to see every person as one of Your children.

Gracious God, we surrender our fears and weaknesses to you. We pray for your Holy Spirit to be our constant companion, teaching us in the very hour of need what we ought to say, as you promised. Empower us to speak with boldness and clarity, and to be a true witness to Your goodness in the world.

### **Final Blessing Prayer (monthly prayer from the Prayer Diary 2026)**

Heavenly Father, we thank you for the gift of faith that we have received from you. Please help us to know more deeply for ourselves the transforming power of the Gospel in our own lives. Give us a greater desire to share the Good News with the people we meet, so that they, too, may find hope and may know for themselves the riches of your love. Through your Holy Spirit, may our words and actions bear witness to your presence, through Christ our Lord. Amen.

### **Wave of Prayer**

**1 July:** Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-

West in Nigeria; Leicester in England and Temotu in Solomon Islands.

**2-4 July:** Renk in South Sudan; Cyangugu in Rwanda; Arochukwu/ Ohafia & Ile-Oluji in Nigeria; St Andrews, Dunkeld & Dunblane in Scotland, and Sittwe in Myanmar.

**6-8 July:** Wad Medani in Sudan; Kondoa in Tanzania; Ikwo & Remo in Nigeria; Montreal in Canada and the Windward Islands in St Lucia, Grenada, St Vincent & The Grenadines.

**9-11 July:** El Obeid in Sudan; Butere in Kenya; Nnewi in Nigeria; London in England and the Province of the USA.

**13-15 July:** Toliara in Madagascar; Mbale in Uganda; Zaria & Ndokwa in Nigeria; Rochester in England and Chhattisgarh in India.

**16-18 July:** Lake Malawi in Malawi; Byumba in Rwanda; Jalingo in Nigeria; St Edmundsbury & Ipswich in England and Lucknow in India.

**20-22 July:** Gitega in Burundi; Murag'a South and Mbeere in Kenya; Enugu North in Nigeria; Tonga in Diocese of Polynesia and Jaffna in Diocese of Church of South India.

**23-25 July:** George in South Africa; Bungoma in Kenya; Western Tanganyika in Tanzania; Ideato in Nigeria; Sodor & Man in Isle of Man and Toronto in Canada.

**27-29 July:** Northern Zambia in Zambia; Mpwapwa in Tanzania; Gusau & Osun in Nigeria; Sydney in Australia and Rayalaseema in India.

**30-31 July:** Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in Nigeria; Carlisle in England and Melbourne in Australia.