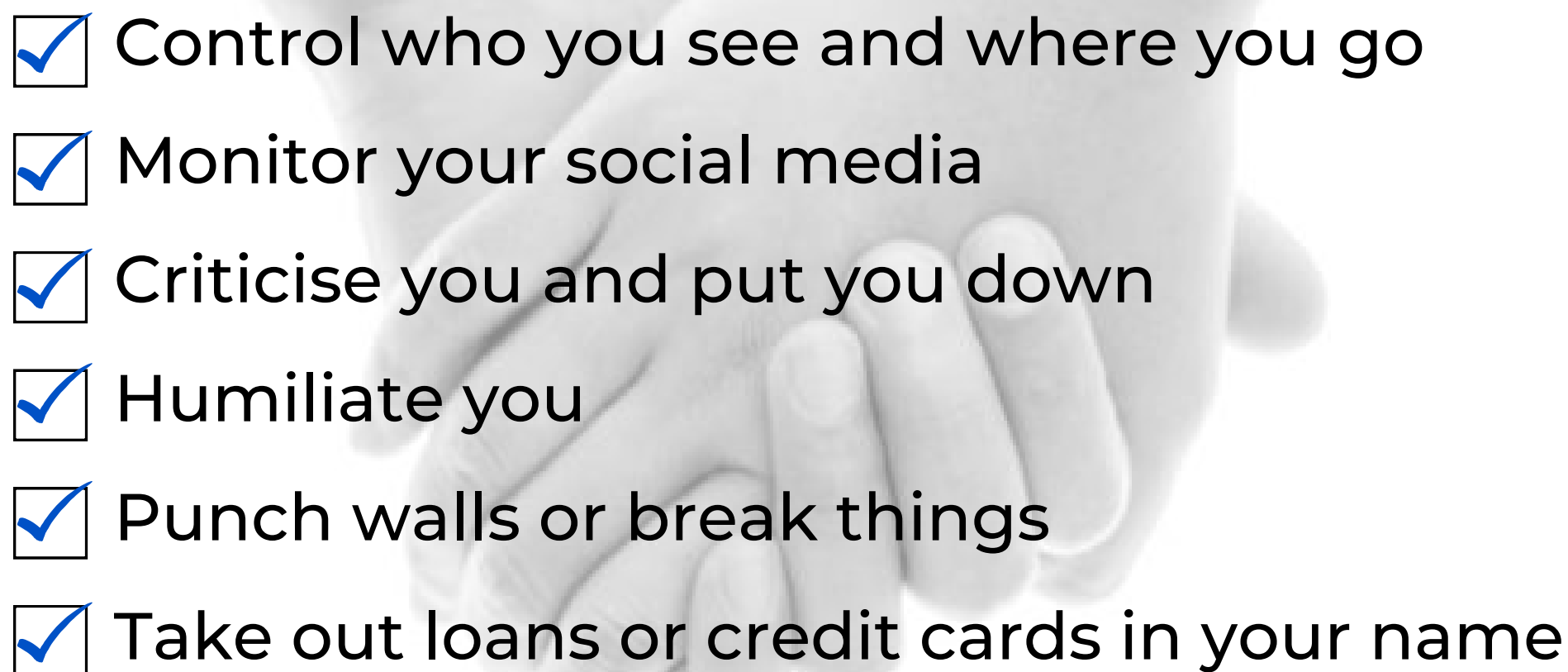


- 
- ☒ Control who you see and where you go
 - ☒ Monitor your social media
 - ☒ Criticise you and put you down
 - ☒ Humiliate you
 - ☒ Punch walls or break things
 - ☒ Take out loans or credit cards in your name

Your local helpline number is:



Scotland's 24 hour Domestic Abuse Helpline: **0800 027 1234**



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Scotland's 24 hour Domestic Abuse Helpline: 0800 027 1234



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